



POWER IN PURPOSE

VALUES CLARIFICATION WORKSHEET

Your values are the beliefs that define what is most important to you. They guide each of your choices in life. For example, someone who values environmental responsibility may be concerned with pollution regulations, while someone who values community might be interested in helping small businesses. Several values may speak to you. However, narrowing down what is most important to you will help you become authentic in communicating your vision for how you want to lead. Understanding your values will help you recognize where to spend most of your attention and what to prioritize in the future.

Select the 5 most important items from the following list.

- | | | | |
|----------------|------------------------------|---------------------|----------------|
| Achievement | Environmental Responsibility | Intellectualism | Relationships |
| Advancement | Effectiveness | Involvement | Religion |
| Adventure | Efficiency | Justice | Reputation |
| Autonomy | Excellence | Knowledge | Respect |
| Arts | Expertise | Leadership | Responsibility |
| Belonging | Fairness | Learning | Security |
| Beauty | Family | Loyalty | Self-awareness |
| Challenge | Financial Gain | Meaningful Work | Self-respect |
| Change | Freedom | Merit | Sophistication |
| Communications | Friendship | Nature | Spirituality |
| Community | Fun | Openness | Stability |
| Competence | Harmony | Order | Status |
| Cooperation | Health | Personal Expression | Structure |
| Collaboration | Helping Others | Pleasure | Teamwork |
| Country | Helping Society | Power | Truth |
| Creativity | Honesty | Prestige | Variety |
| Decisiveness | Independence | Privacy | Wealth |
| Democracy | Innovation | Productivity | Wisdom |
| Diversity | Integrity | Quality | |
| Education | | Recognition | |

List your top 5:

1.
2.
3.
4.
5.

Now narrow to your top 3:

1.
2.
3.

What impacted your decision-making process as you narrowed down your values?

What life experiences affected your decision-making process as you narrowed down your values?

How do you see your top three values contributing to how you want to lead? Or how could they come into play if you were to run for public office?

PRO TIP

Write your top three values on a sticky note and put them somewhere you'll see them often, like your bathroom mirror, on your laptop, or a kitchen cabinet, to help guide your decisions and re-center your mind to what is significant to you.

Find more free tools and resources like this one in the She Should Run Community website.

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