



## WORKSHEET

# VALUES CLARIFICATION

Your values are the beliefs that define what is most important to you. They guide each of your choices in life. For example, someone who values environmental responsibility may be concerned with pollution regulations, while someone who values community might be interested in helping small businesses. Several values may speak to you. However, narrowing down what is most important to you will help you become authentic in communicating your vision for how you want to lead. Understanding your values will help you recognize where to spend most of your attention and what to prioritize in the future.

Select the 5 most important items from the following list.

Achievement	Environmental	Intellectualism	Relationships
Advancement	Responsibility	Involvement	Religion
Adventure	Effectiveness	Justice	Reputation
Autonomy	Efficiency	Knowledge	Respect
Arts	Excellence	Leadership	Responsibility
Belonging	Expertise	Learning	Security
Beauty	Fairness	Loyalty	Self-awareness
Challenge	Family	Meaningful Work	Self-respect
Change	Financial Gain	Merit	Sophistication
Communications	Freedom	Nature	Spirituality
Community	Friendship	Openness	Stability
Competence	Fun	Order	Status
Cooperation	Harmony	Personal Expression	Structure
Collaboration	Health	Pleasure	Teamwork
Country	Helping Others	Power	Truth
Creativity	Helping Society	Prestige	Variety
Decisiveness	Honesty	Privacy	Wealth
Democracy	Independence	Productivity	Wisdom
Diversity	Innovation	Quality	
Education	Integrity	Recognition	

List your top 5:

1.
2.
3.
4.
5.

Now narrow to your top 3:

1.
2.
3.

What impacted your decision-making process as you narrowed down your values?

What life experiences affected your decision-making process as you narrowed down your values?

How do you see your top three values contributing to how you want to lead? Or how could they come into play if you were to run for public office?

*TIP: Write your top three values on a sticky note and put them somewhere you'll see them often, like your bathroom mirror, on your laptop, or a kitchen cabinet, to help guide your decisions and re-center your mind to what is significant to you.*

**If you found this worksheet useful, check out the [Power in Purpose Audio Course](#) next.**