

Ask Her Anything Mentee Best Practices

General Overview

These 30-minute conversations will be held virtually. If you have any questions regarding scheduling or communicating with your mentor, please email She Should Run's Senior Program Manager, Amanda Dilulis, at amanda@sheshouldrun.org.

Tips for a productive conversation:

- **Set clear goals.** Before your conversation, write down the information you hope to take from this meeting based on your short and long-term civic and/or political leadership goals.
- **Be prepared.** Take some time before your conversation to review information on your mentor and write down 4-5 questions to ask them during your conversation based on their background and your interests. You have 30 minutes to make the most out of your conversation!
- **Send a reminder.** It may be helpful to send a reminder email to your mentor or check in at least a day before the meeting so both parties know what time, what day, and on what platform you'll be meeting (i.e., your Zoom room, their Zoom room, a Google Meet, Teams, or a phone call).
- **Be on time.** You and your mentor are busy but have committed this time to meet one another, so be sure to start and end on time.
- **Take notes.** Have a notebook or document open to take notes during your meeting to remember key points, answers to your questions, and recommended resources from your mentor.
- **Respect differences.** You may not agree with everything your mentor says or recommends, but keep an open mind, respectfully disagree, or find a way to pivot to another topic if necessary.
- **Follow up.** Feel free to send your mentor a thank you email to express gratitude for their time and summarize your key takeaways from your conversation.